

Grades 4

At-Home Lesson

February 26, 2025

Opening Prayer: Begin by praying this prayer together.

Lord, as we begin this season of Lent, help us to recognize the importance of your Son's passion and death. May these forty days of devotion lead us deeper into communion with you. We ask this through Christ, our Lord. Amen.

Lesson: Living Lent

- Last class, you spent time learning about the season of Lent. This week we will focus on strengthening our prayer life.
- First, begin by watching this video about the symbols of Lent. [Video](#)
- Then, review with your child what it means to fast, pray, and give alms during Lent. Here is a video that might help you talk about these ideas if needed. [Video](#)
- Finally, we will be digging into the Gospel in preparation for Sunday's Mass.
 - Watch this [video](#) with your child. Then, complete the [8th Sunday of Ordinary Time Worksheet](#).

Conclusion:

- As we continue to grow in prayer, take some time to attend Stations of the Cross at church this Lenten season. Watch for updates in the weekly Church Bulletin.
- Don't forget to attend Ash Wednesday Mass on March 5, 2025.